

**EMERGENCY MEDICINE  
SELECTIVE ROTATION**

Selective Title: Sports Medicine

Brief Description: Introduction to the specialty of non-operative sports medicine. Opportunities include: working in sports medicine clinics (see below); event coverage as presents during season (intercollegiate events, sports clubs, high school football). The rotating resident will work closely with the primary care sports medicine fellows and teaching faculty. Attendance is expected at all didactics scheduled during the rotation.

UA DEM Faculty Director: Anna Waterbrook

Contact Phone/email: (520) 403-3861 / awaterbrook@aemrc.arizona.edu

Educational/Clinical Site Director:  
(if different than above)

Contact Phone/email:

Educational or Clinical Site:  BUMC – Tucson Campus  BUMC – South Campus  
 Other: UA Campus Health (sports medicine clinic), McKale Center, Arizona Institute for Sports Medicine, various event coverage as available

Durations available:  2 weeks  4 weeks  Other:  
September, October, November, March, April only

Accepts visiting residents:  Yes  No

Affiliation Agreement completed (non-Banner sites only):  Yes  No

Educational Goals & Objectives:

1. Understand the role of primary care physicians in sports medicine and as team physicians.
2. Develop clinical competency in the overall field of sports medicine dealing primarily with a university-age population.
3. Emphasize the following in the context of exercise and sports participation: anatomy, biomechanics, pathophysiology of illness and injury, psychology, medico-legal, ethics, pharmacology, supplements and performance enhancing drugs, nutrition.
4. Cultivate and refine clinical competency in sports medicine, including cognitive knowledge, interpersonal and psychomotor skills, professional attitude and practice management.
5. Understand prevention and rehabilitation strategies for disease.
6. Understand indications for and interpretation of diagnostic imaging in sports medicine.
7. Understand indications for referral to specialists (e.g. orthopedists, neurosurgeons and physical therapy).
8. Understand sprain, strain, dislocation and fracture management including injections, aspirations, and application of braces and casting.
9. Understand fitness evaluation and pre-participation exams for athletic try-outs, and participation in academic programs.

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10. Understand the interrelationship between exercise, sport, chronic disease and special considerations such as age, gender, ethnicity and disability.
11. Understand the knowledge and application of clinical return to play guidelines.
12. Recognize and manage the rare but life threatening sports injuries.

Resident Responsibilities:

1. Report to and be supervised by the Director of the UAPCSM Fellowship, who will schedule and oversee the rotation and evaluation.
2. The resident will be scheduled to participate in the Emergency Department Continuing Education Lectures.
3. Sample schedule:

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00-12:00	Training room; event coverage TBD	CHS SM	ED CME	CHS or McKale	AZISM	AZISM	
12:00-1:00		Didactic x-ray rounds TBD				Didactic TBD	
1:00-5:00	Event coverage TBD	CHS SM	Reading or CHS or AZISM	CHS SM	AZISM	AZISM	Event coverage TBD

Assessment method for performance of stated objectives?

1. Faculty evaluation, including feedback on knowledge base, event planning, and technical skill.